The motto "Live Jesus!" (in French - "Vive Jesus") encapsulates the Salesian approach to life, wherein our aim should be to live every moment of our lives with the same humility, gentleness, and charity as Jesus did.

In this way, others will see the Savior walking on earth once again!

As a young student, Francis de Sales would write these initials at the top of his notebook pages as a reminder that this is how he should live. Later, he concludes his masterful Treatise on the Love of God with these words:

"But that we may live in your eternal love, O Savior of our souls, we eternally sing, 'Live, Jesus! Jesus, I love! Live, Jesus whom I love! Jesus, I love, Jesus who lives and reigns forever and ever. Amen."

Tenui nec dimittam - “I have taken hold and will not let go.”

(a reflection by Fr. Sebastian Leitner, OSFS)

In a world of individualism and egoism, I still hold onto the “I” – it is the “I” who is committed, the “I” who has taken hold, the “I” who will not let go. The personal God ("I am who am") expects a personal answer.

The present perfect tense – “have taken hold” – is used to describe past events when we think more of their effect in the present than of the action itself. We live in the present moment. We have had a God-experience. To have taken hold shows a firmness and trust. Now I am connected with Him.

Experience calls for a resolution. The resolution not to let go implies availability for everyone and everything else. The decision to stick to Him frees me to offer myself.