THE SALESIAN CENTER FOR FAITH & CULTURE

Heritage Week 2014

at DeSales University

Wednesday, JANUARY 22

Forum on Biomedical Ethics

“How Stress Gets ‘Under the Skin’: Implications for Health and Well-Being”

the 2014 Hesburgh Lecture presented by

CINDY S. BERGEMAN

Professor of Psychology
University of Notre Dame

CINDY S. BERGEMAN, PH.D. is a lifespan developmental psychologist with research interests in resiliency and aging, behavioral genetics, and the theory-method interface. Her research focuses on investigating patterns of variability and change in physical and psychological health across the lifespan and identifying the genetic and environmental factors that may importantly influence that process. Unique to her perspective is the innovation in data assessment and analysis that facilitate more comprehensive understanding of the multidimensional and multilevel pathways that underlie the relations among stress and uplifts (e.g., in areas of work, family, friends, health, finances), resilience mechanisms (e.g., hardiness, control, social support) and health and well-being outcomes.

7:30 p.m.

Gerald White Pavilion - DeSales University Center

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